

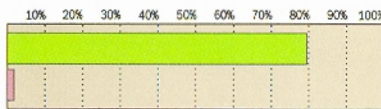
**“Lighting the Computerized Office”**

Principal investigators: Alan Hedge, Ph.D, Associate Professor; William R. Sims Jr., Ph.D, Professor and Chairman and Franklin D. Becker, Ph.D, Professor, Department of Design and Environmental Analysis, New York State College of Human Ecology, Cornell University, Ithaca, New York. Extracts and conclusions presented to the Human Factors Society October 1989. Supplementary study report completed September 1990.

**THE FIRST STUDY — JUNE 1989**

WORKER'S PREFERENCE FOR OFFICE LIGHTING (% OF WORKERS)

LENSED INDIRECT GROUP



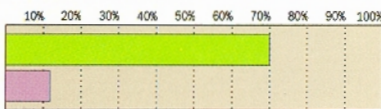
PARABOLIC GROUP



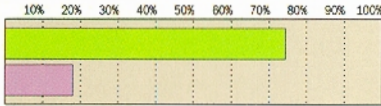
**ONE YEAR LATER — JUNE 1990**

WORKER'S PREFERENCE FOR OFFICE LIGHTING (% OF WORKERS)

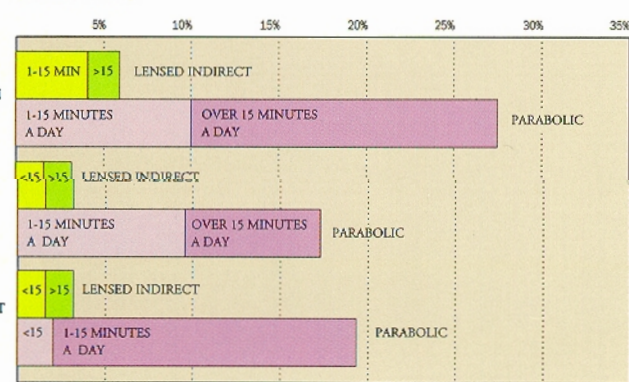
LENSED INDIRECT GROUP



PARABOLIC GROUP



SELF-REPORTED TIME LOSSES FROM LIGHTING PROBLEMS (% OF WORKERS)



In 1989, researchers at Cornell University made arrangements with Xerox Corporation to conduct a two-year real-world study. Xerox had offices in

*Problems under parabolics cut into worker productivity.*

Rochester, New York that had obsolete lighting and were scheduled for renovation. After renovation,



Open plan partitioned area with parabolic downlighting



10'x15' enclosed office



Open plan partitioned area with lensed indirect lighting



10'x15' enclosed office

half the building had the finest-quality parabolic downlighting then available, while the other half had the finest-quality lensed indirect uplighting then available. Otherwise, color scheme, furniture, carpeting and fluorescent lamp types were standardized. After two years under

the two types of lighting, the workers reported dramatic

*Daily complaints of tired eyes and eye focusing problems were twice as frequent among the parabolic group.*

differences between the systems, in preference and in work-related health complaints. The study also found another remarkable fact. In the

parabolic section of the building, workers had modified 79 of the 164 fixtures and had completely disconnected ten of them.